

RICORDA DI PRENOTARE LA TUA BIKE ON LINE

	LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
09:30	Virtual Free Ride 30'	Group Cycling "Easy" 40' - Stefano	Virtual Free Ride 30'	Virtual Free Ride 30'	Group Cycling "Easy" 40' - Stefano	10:15 Group Cycling "Videoride" 50' - Stefano
13:10	RPM by Les Mills 45' - Moreno	Cycling Revolution 50' - Lorenzo	Virtual Free Ride 30'	Virtual Free Ride 30'	Virtual Free Ride 30'	
15:00			Cycling Revolution 50' - Lorenzo			
18:00	Sprint by Les Mills 30' - Lorenzo	RPM by Les Mills 45' - Moreno	Sprint by Les Mills 30' - Lorenzo		18:30 Group Cycling 50' - Stefano	
18:45	Group Cycling 50' - Stefano	19:00 Group Cycling 50' - Stefano	Group Cycling 50' - Stefano	RPM by Les Mills 45' - Moreno		
19:45	Group Cycling 50' - Stefano		Group Cycling 50' - Stefano			